

PROGRAMME

The English Event, Brymore Academy, Somerset | 1st - 7th August 2016



BEAR LOVE
Sound Healing
Journeys

Available for 1-2-1's
Book in the main office



MICHAEL ROSSOFF
Chinese Medicine &
Macrobiotics

Welcome to One World 2016!

We have over 300 workshops for you to choose from this year. Feel free to go to as many as you can and then enjoy the nightly bands. Or just relax by the pool, its up to you!

All workshops are FREE once in the festival. Enjoy...

The childrens programme is displayed in the children's villiage. Please note that the childrens activities are open to adults, come along and find out more.

MONDAY 1st August

09.00 - 17:00	Registration	Everyone	OneWorld Office
16.30 - 18:00	Teachers Meeting	Andy Cawley	Sports Hall
18.00 - 18:30	Opening Circle	Everyone	Main Field
DINNER 19:00 (19:30 for staff)			
20.00 - 21.00	Cygnus & New Participants Meet-Up	Geoff Napier	Cygnus Marquee
20.00 - 21.00	Storytelling	Hazel & Rob	Kids Village
20.00 - 21.00	Sound Journeys	Bear Love	Sports Hall
20.00 - 21.00	Open Mic	Jonny Whiting	OneWorld Marquee
20.00 - 21.00	Psycho-Shamanic Mindreading	Andy Cannon	Room 10
21.00 - 22.30	Biodanza	Ingrid Slack	Sports Hall →
21.00 - 23.00	2 Cella's	Julia & Emma	OneWorld Marquee
23.00 - 24.00	Songs by the Campfire	Paul Cody	Campfire

PROGRAMME

The English Event, Brymore Academy, Somerset | 1st - 7th August 2016

OneWorld 

summer festival

TUESDAY 2nd August

07.00 - 08.00

L'Art du Tai Chi
Morning Yoga
Aum (om) Chanting Meditation
Wim Hof Method

Russell King
Melanie Hubbard
Prem Kalia
Andy Cannon

Meet Main Marquee
Sports Hall
Room 2
Room 3

BREAKFAST

09.30 - 11.00

Why Women Live Longer Than Men
Energetic Wisdom
Pilates
Jangama Meditation
Creative Writing Therapy
Your Inner Creative Genius
Hypnosis and Hypnotherapy
Emotional Freedom Technique
Bowen Technique
Law of Attraction Simples.....Mindfulness
Angelic Harmony
Achieve your work-life balance
Swimming lessons for all ages
Football
Face Painting, Henna and Body Art
Natural Tie Dye
Dance
Sandpit, Paddling Pool, Bouncy Castle

Michael Rossoff
Tony Mills
Nikki Middlemass
Michael Mepsted
Ruth Hawe
Sarah Samuel
Brian Jacobs
Craig Trafford
Rob Drury
Benjamin Stubbs
Georgie Deyn
Harini Iyengar
Suzy Erskine
Mal Edwards
Cath McDermott
Erika Mcgrath
Ralph Holden
Creche

Cygnus Marquee
OneWorld Marquee
Sports Hall
Small Lounge
Room 10
Room 1
Room 2
Room 3
Room 4
Room 5
Room 8
Room 9
Swimming Pool
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village

11.30 - 13.00

Eating for Brain Health
Everyday Spirituality
Electric boogaloo
Singing for All
Transformation Part 1
Singing with your Soul
Create an Art Journal
Mindfulness Meditation
Introduction to Reiki
Hatha Yoga
Sekhem (Egyptian Reiki)
Macrobiotic Cooking
Yin-Yang of Tennis
Learning the Didgeridoo
Aqua Aerobics
Circus Play & Balloon Animals
Children & Parent Yoga
Outdoor Pursuits
Drama - Devising a Performance
Sandpit, Paddling Pool, Bouncy Castle

Oliver Cowmeadow
Ingrid Slack
Paul Mckee
Carol Donaldson
Dan Warburton
Eugenie Arrowsmith
Christine Fireheart
Ken Collinson
Natasha Boojihawan
Eve Jones
Maya Ris
Flora Ouattara
Cecilia Armelin
Andy Mapplebeck
Sophie Evans
Jeffery the Clown
Hayley Holden
Dougal
Stephanie Manning
Creche

Room 3
Cygnus Marquee
OneWorld Marquee
Sports Hall
Small Lounge
Room 10
Room 1
Room 4
Room 5
Room 8
Room 9
Cooking School
Games Court
Yurt
Swimming pool
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village



TUESDAY 2nd August

LUNCH

14.30 - 16.00

Feeling Well with Bach and other flower remedies
 Improv Comedy
 African Drumming
 Transformation
 Life Drawing
 Landscapes of our Lives: An Art Therapy Workshop
 Death
 Human Design System Part 1
 (please arrive early to create birth chart)
 Feldenkrais
 Japanese Sotai
 Reconnective Healing
 Qi Gong
 Improv Comedy for teens
 Creative Kitchens (Kids)
 Wilderness Walks
 Pixie Maz Drama Fun!
 5 Aside Hockey
 Sandpit, Paddling Pool, Bouncy Castle
 Bushcraft
 Attract the Love of Your Life
 Creative Clay
 Swimming

16.30 - 18.00

Acupressure Power Points
 Wake the F*ck Up
 Afro/Brazilian Dance
 ANGelfire kundalini yoga
 Musical Improv Comedy
 Loving your menstrual cycle
 Core Stability (Bring Matt)
 Shiatsu
 Rebirthing (Bring Matt/Blanket)
 Modern Wizardry
 Difference between Healthy and Nutritious Eating
 Udu, Drums, Handpans etc.
 Free Swimming
 Basketball for all ages
 Wool and Clay Crafts
 Mystical Creatures
 Sandpit, Paddling Pool, Bouncy Castle

DINNER

19.30 - 20.30 Cygnus 25th Anniversary
 19.30 - 20.30 Storytelling
 19.30 - 20.30 Sound Journeys
 19.30 - 20.30 Open Mic
 19.30 - 21.30 Therapy Swaps
 20.30 - 22.30 Biodanza
 20.45 - 22.30 Candelight Cinema - Finding Joe
 21.00 - 22.00 Buffo's Wake
 22.00 - 23.00 Mango Factory
 23.00 - 24.00 Songs by the Campfire

Andrew Tressider
 Maureen Levy
 Craig Winterburn
 Dan Warburton
 Emily Croucher
 Charlotte Mclaughlin
 Danny Shine
 Gilly Czerwonka

Nadia Chavka
 Moriko Kondo
 Sally Phillips
 Dario Gerchi
 Ruth Swift
 Kendra Tanner
 Hazel Bird
 Maslen George
 Mal Edwards
 Creche
 Paul Rose
 Julie-Anne Shapiro
 Ruth Hawe
 Lifeguard

Michael Rossoff
 Brett Moran
 Bridget Withycombe
 Sat Kartar
 Julia Collings
 Tamara Donn
 Sophie Evans
 Phillippe Kusnik
 Douglas Crawford
 Stanley Stewart
 Patricia Restrepo
 Barry Mason
 Lifeguard
 Jon Thorne
 Emma Gleave
 Héloïse Leclercq
 Creche

Geoff Napier
 Hazel & Rob
 Bear Love
 Jonny Whiting
 Participants
 Ingrid Slack
 Cygnus
 Musician
 Band
 Paul Cody

Cygnus Marquee
 Kemp Common
 Sports Hall
 Small Lounge
 Room 10
 Room 11
 Room 2
 Room 3

 Room 4
 Room 5
 Room 8
 Campfire (R9 Rain)
 OneWorld Marquee
 Cooking School
 Kids Village
 Kids Village
 Games Court
 Kids Village
 Kids Village
 Yurt
 Kids Villiage
 Swimming Pool

Room 3
 Cygnus Marquee
 OneWorld Marquee
 Sports Hall
 Small Lounge
 Room 10
 Room 11
 Room 2
 Room 4
 Room 5
 Room 9
 Yurt
 Swimming Pool
 Games Court
 Kids Village
 Kids Village
 Kids Village

Cygnus Marquee
 Kids Village
 Sports Hall
 OneWorld Maquee
 Room 4
 Sports Hall
 Dining Room 1
 OneWorld Marquee
 OneWorld Marquee
 Campfire

PROGRAMME

The English Event, Brymore Academy, Somerset | 1st - 7th August 2016

OneWorld 

summer festival

WEDNESDAY 3rd August

07.00 - 08.00

L'Art du Tai Chi
Morning Yoga
Aum (om) Chanting Meditation
Wim Hof

Russell King
Melanie Hubbard
Prem Kalia
Andy Cannon

One World Marquee
Sports Hall
Room 2
Room 3

BREAKFAST

09.30 - 11.00

The Healthy Heart
Energetic Wisdom - Communication with the Chakras
Pilates
Your Health & Superfood
Creative Writing Therapy
Your Inner Creative Genius
Shamanic Journeying
Emotional Freedom Technique
Past Lives & Between Lives
Law of Attraction Simples.....Mindfulness
Divine Feminine Awakening
Achieve your work-life balance
Swimming lessons for all ages
Football
Face Painting, Henna and Body Art
Natural Tie Dye
Dance
Sandpit, Paddling Pool, Bouncy Castle

Michael Rossoff
Tony Mills
Paula Trafford
Rebecca Jones
Ruth Hawe
Sarah Samuel
Rachel Mayatt
Craig Trafford
Oliver Cowmeadow
Benjamin Stubbs
Georgie Deyn
Harini Iyengar
Suzy Erskine
Mal Edwards
Cath McDermott
Erika Mcgrath
Ralph Holden
Creche

Cygnus Marquee
OneWorld Marquee
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Small Lounge
Room 10
Room 1
Room 2
Room 3
Room 4
Room 5
Room 8
Room 9
Swimming Pool
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village

11.30 - 13.00

Meditation
Engineering Consciousness
Electric boogaloo
Singing for All
Transformation
The Secret life of Teas
Realease Your Creativity
Come Laugh with Me
Mindfulness Meditation
Transform Your Body's Energy Through Food
NOT Living With Arthritis
Macrobiotic Cooking
Yin-Yang of Tennis
Learning the Didgeridoo
Circus Play & Balloon Animals
Children & Parent Yoga
Outdoor Pursuits
Drama - Devising a Performance
Sandpit, Paddling Pool, Bouncy Castle

Patricia Restrepo
Brett Moran
Paul Mckee
Carol Donaldson
Dan Warburton
Anne Sheekey
Bridget Withycombe
Karen Roberts
Ken Collinson
Natasha Boojiawan
David Chandler
Tomoko Lillrank
Cecilia Armelin
Andy Mapplebeck
Jeffery the Clown
Hayley Holden
Dougal
Stephanie Manning
Creche

Room 3
Cygnus Marquee
OneWorld Marquee
Sports Hall
Small Lounge
Room 10
Room 1
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Room 4
Room 5
Room 9
Cooking School
Games Court
Yurt
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village



WEDNESDAY 3rd August

LUNCH

14.30 - 16.00

The Gift That Grief Can Bring
 Improv Comedy
 African Drumming
 Transformation Part 2
 Life Drawing
 Mindful Movement and Creative Expression
 Instant Vitality Naturally
 Human Design System Part 2
 Feldenkrais
 Japanese Sotai
 Quantum Healing Journey
 Qi Gong
 Improv Comedy for teens
 Creative Kitchens (Kids)
 Wilderness Walks
 Pixie Maz Drama Fun!
 5 Aside Hockey
 Sandpit, Paddling Pool, Bouncy Castle
 Sound Harmony & Meditation
 Bushcraft
 Creative Clay
 Swimming

16.30 - 18.00

Read Your Health in your Face
 Talk
 Afro/Brazilian Dance
 ANGelfire kundalini yoga
 Musical Improv Comedy
 Hatha Yoga
 Healing your ancestral line
 Wellede Wellness Spa
 Shiatsu
 A Course in Miracles - Introduction
 Lifestream
 How to Speak & understand "Man Language" for Women
 Udu, Drums, Handpans etc.
 Free Swimming
 Basketball for all ages
 Wool and Clay Crafts
 Mystical Creatures
 Sandpit, Paddling Pool, Bouncy Castle
 How to Fly a Dragon - Meditation
 Macrobiotic Cooking

Patsy Freeman
 Maureen Levy
 Craig Winterburn
 Dan Warburton
 Emily Croucher
 Charlotte Mclaughlin
 Julie Silver
 Gilly Czerwonka
 Nadia Chavka
 Moriko Kondo
 Sally Phillips
 Dario Gerchi
 Ruth Swift
 Kendra Tanner
 Hazel Bird
 Maslen George
 Mal Edwards
 Creche
 Sonia Grover
 Paul Rose
 Ruth Hawe
 Lifeguard

Oliver Cowmeadow
 Louisa Crisp
 Bridget Withycombe
 Sat Kartar
 Julia Collings
 Eve Jones
 Tamara Donn
 Christine Fireheart
 Phillippe Kusnik
 Douglas Crawford
 Michael Tanner
 Julie-Anne Shapiro
 Barry Mason
 Lifeguard
 Jon Thorne
 Emma Gleave
 Héloïse Leclercq
 Creche
 Stanley Stewart
 Flora Ouattara

Cygnus Marquee
 Kemp Common
 Sports Hall
 Small Lounge
 Room 10
 Room 11
 Room 2
 Room 3
 Room 4
 Room 5
 Room 8
 Campfire (R9 Rain)
 OneWorld Marquee
 Cooking School
 Kids Village
 Kids Village
 Games Court
 Kids Village
 Yurt
 Kids Village
 Kids Villiage
 Swimming Pool

Room 3
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 OneWorld Marquee
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 Small Lounge
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 Room 10
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 Room 4
 Room 5
 Room 8
 Yurt
 Swimming Pool
 Games Court
 Kids Village
 Kids Village
 Kids Village
 Room 11
 Cooking School

DINNER

19.30 - 20.30 Parenting With Soul
 19.30 - 20.30 Storytelling
 19.30 - 20.30 Sound Journeys
 19.30 - 20.30 Open Mic
 19.30 - 20.30 Psycho-Shamanic Mindreading
 19.30 - 21.30 Therapy Swap
 20.30 - 22.30 Biodanza
 20.45 - 22.30 Candlelight Cinema
 21.00 - 22.00 Julie-Anne Shapiro
 22.00 - 23.00 Daniel Billing Band
 23.00 - 24.00 Songs by the Campfire

Stephanie King
 Hazel & Rob
 Bear Love
 Jonny Whiting
 Andy Cannon
 Participants
 Ingrid Slack
 Fairy Trails
 Musician
 Band
 Paul Cody

Cygnus Marquee
 Kids Village
 Sports Hall
 OneWorld Marquee
 Small Lounge
 Room 4
 Sports Hall
 Dining Room 1
 OneWorld Marquee
 OneWorld Marquee
 Campfire →

PROGRAMME

The English Event, Brymore Academy, Somerset | 1st - 7th August 2016

OneWorld 

summer festival

THURSDAY 4th August

07.00 - 08.00

L'Art du Tai Chi
Morning Yoga
Aum (om) Chanting Meditation
Wim Hof Method

Russell King
Melanie Hubbard
Prem Kalia
Andy Cannon

OneWorld Marquee
Sports Hall
Room 2
Room 3

BREAKFAST

09.30 - 11.00

Healing from the Inside Out
Energetic Wisdom - Geopathic Stress/ Negative Energies
Pilates
Jangama Meditation
Your Inner Creative Genius
Hypnosis and Hypnotherapy (Stress Management)
Emotional Freedom Technique
Sound Bath
Law of Attraction Simples.....Mindfulness
Angelic Harmony
Achieve your work-life balance
Swimming lessons for all ages
Football
Face Painting, Henna and Body Art
Natural Tie Dye
Dance
Sandpit, Paddling Pool, Bouncy Castle

Michael Rossoff
Tony Mills
Nikki Middlemass
Michael Mepsted
Sarah Samuel
Brian Jacobs
Craig Trafford
Estelle Dooley
Benjamin Stubbs
Georgie Deyn
Harini Iyengar
Suzy Erskine
Mal Edwards
Cath McDermott
Erika Mcgrath
Ralph Holden
Creche

Cygnus Marquee
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Room 4
Room 5
Room 8
Room 9
Swimming Pool
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village

11.30 - 13.00

Strengthen Your Immunity
Electric boogaloo
Singing for All
Why am I beautiful? - kinesiology
A Basic Guide for Independent Musicians
Create an Art Journal
Come Laugh with Me
Mindfulness Meditation
Transforming Your Body's Energy Through Food
Hatha Yoga
Indian Head Massage (family)
Macrobiotic Cooking
Yin-Yang of Tennis
Learning the Didgeridoo
Circus Play & Balloon Animals
Children & Parent Yoga
Outdoor Pursuits, Suitable for families
Drama - Devising a Performance
Sandpit, Paddling Pool, Bouncy Castle

Oliver Cowmeadow
Paul Mckee
Carol Donaldson
Andy Cawley
Eugenie Arrowsmith
Christine Fireheart
Karen Roberts
Ken Collinson
Natasha Boojihawan
Eve Jones
Anna Low
Tomoko Lillrank
Cecilia Armelin
Andy Mapplebeck
Jeffery the Clown
Hayley Holden
Dougal
Stephanie Manning
Creche

Room 3
OneWorld Marquee
Sports Hall
Room 11
Room 10
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Room 5
Room 8
Room 9
Cooking School
Games Court
Yurt
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village



THURSDAY 4th August

LUNCH

14.30 - 16.00

Powerless or Powerful -The Choice is yours
 Ecstatic Awakening Dance
 African Drumming
 Doing Nothing
 Life Drawing
 An Art Therapy Workshop for Women
 Improv Comedy
 Sekhem (Egyptian Reiki)
 Feldenkrais
 Bowen Technique
 Qi Gong
 Improv Comedy for teens
 Creative Kitchens (Kids)
 Wilderness Walks
 Pixie Maz Drama Fun!
 5 Aside Hockey
 Sandpit, Paddling Pool, Bouncy Castle
 Manifestation Meditation
 Bushcraft
 Creative Claw
 Swimming

16.30 - 18.00

A Breath of Fresh Air
 Astrological Perspectives: Natal Charts and Relationships
 Afro/Brazilian Dance
 ANGelfire kundalini yoga
 Musical Improv Comedy
 From Stress to Peace & Present
 Shiatsu
 Rebirthing (Bring Matt/Blanket)
 Modern Wizardry
 Attract the Love of Your Life - For Women
 Emergency Home Remedies
 Udu, Drums, Handpans etc.
 Free Swimming
 Basketball for all ages
 Wool and Clay Crafts
 Mystical Creatures
 Sandpit, Paddling Pool, Bouncy Castle

DINNER

18.30 Childrens Sound Bath
 19.30 - 20.30 Slideshow
 19.30 - 20.30 Storytelling
 19.30 - 20.30 Sound Journeys
 19.30 - 20.30 Open Mic
 19.30 - 20.30 Psycho-Shamanic Mindreading
 19.30 - 21.30 Therapy Swap
 20.30 - 22.30 Biodanza
 20.45 - 22.30 Candlelight Cinema
 21.00 - 22.00 The Apartment
 22.00 - 23.00 Dr Bluegrass & the Illbilly 8
 23.00 - 24.00 Songs by the Campfire

Stephanie King
 Estelle Dooley
 Craig Winterburn
 Danny Shine
 Emily Croucher
 Charlotte Mclaughlin
 Maureen Levy
 Maya Ris
 Nadia Chavka
 Rob Drury
 Dario Gerchi
 Ruth Swift
 Kendra Tanner
 Hazel Bird
 Maslen George
 Mal Edwards
 Creche
 Sonia Grover
 Paul Rose
 Ruth Hawe
 Lifeguard

Michael Rossoff
 David Steare
 Bridget Withycombe
 Sat Kartar
 Julia Collings
 Tamara Donn
 Phillippe Kusnik
 Douglas Crawford
 Stanley Stewart
 Julie-Anne Shapiro
 Patricia Restrepo
 Barry Mason
 Lifeguard
 Jon Thorne
 Emma Gleave
 Héloïse Leclercq
 Creche

Bear Love
 Geoff Napier
 Hazel & Rob
 Bear Love
 Jonny Whiting
 Andy Cannon
 Participants
 Ingrid Slack

 Band
 Band
 Paul Cody

Cygnus Marquee
 OneWorld Marquee
 Sports Hall
 Small Lounge
 Meeting Room
 Room 11
 Room 2
 Room 3
 Room 4
 Room 8
 Campfire (R9 Rain)
 Kemp Common
 Cooking School
 Kids Village
 Kids Village
 Games Court
 Kids Village
 Yurt
 Kids Village
 Kids Villiage
 Swimming Pool

Room 3
 Cygnus Marquee
 OneWorld Marquee
 Sports Hall
 Small Lounge
 Room 10
 Room 2
 Room 4
 Room 5
 Room 8
 Room 9
 Yurt
 Swimming Pool
 Games Court
 Kids Village
 Kids Village
 Kids Village

Sports Hall
 Cygnus Marquee
 Kids Village
 Sports Hall
 OneWorld Marquee
 Room 10
 Room 4
 Sports Hall
 Dining Room 1
 OneWorld Marquee
 OneWorld Marquee
 Campfire

PROGRAMME

The English Event, Brymore Academy, Somerset | 1st - 7th August 2016

OneWorld 

summer festival

FRIDAY 5th August

07.00 - 08.00

L'Art du Tai Chi
Morning Yoga
Aum (om) Chanting Meditation
Wim Hof

Russell King
Melanie Hubbard
Prem Kalia
Andy Cannon

OneWorld Marquee
Sports Hall
Room 2
Room 3

BREAKFAST

09.30 - 11.00

How to Love the Foods that Are Good For You
Pilates
Jangama Meditation
Your Inner Creative Genius
Dreams of the Past
Emotional Freedom Technique
Introduction to Reiki
Law of Attraction Simples.....Mindfulness
Divine Feminine Awakening
Achieve your work-life balance
Macrobiotic Cooking
Swimming lessons for all ages
Football
Face Painting, Henna and Body Art
Natural Tie Dye
Dance
Sandpit, Paddling Pool, Bouncy Castle
Dragon Meditation / How to Ride a Dragon

Michael Rossoff
Paula Trafford
Michael Mepsted
Sarah Samuel
Rachel Mayatt
Craig Trafford
Natasha Boojihawan
Benjamin Stubbs
Georgie Deyn
Harini Iyengar
Flora Ouattara
Suzy Erskine
Mal Edwards
Cath McDermott
Erika Mcgrath
Ralph Holden
Creche
Stanley Stewart

Cygnus Marquee
Sports Hall
Small Lounge
Room 1
Room 2
Room 3
Room 4
Room 5
Room 8
Room 9
Cooking School
Swimming Pool
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village
Room 11

11.30 - 13.00

Ten Step Programme to Smart Eating
Cygnus Cafe
Zumba
Singing for All
Why am I beautiful? - kinesiology
The Secret life of Teas
Realease Your Creativity
Come Laugh with Me
Mindfulness Meditation
Transform Your Body's Energy Through Food
Thai Style Acupressure Massage (adult)
Macrobiotic Cooking
Yin-Yang of Tennis
Learning the Didgeridoo
Bushcraft
Circus Play & Balloon Animals
Children & Parent Yoga
Outdoor Pursuits, Suitable for families
Drama - Devising a Performance
Sandpit, Paddling Pool, Bouncy Castle

Patricia Restrepo
Cygnus
Sophie Evans
Carol Donaldson
Andy Cawley
Anne Sheekey
Bridget Withycombe
Karen Roberts
Ken Collinson
Natasha Boojihawan
Anna Low
Yuka Noguchi
Cecilia Armelin
Andy Mapplebeck
Paul Rose
Jeffery the Clown
Hayley Holden
Dougal
Stephanie Manning
Creche

Room 3
Cygnus Marquee
OneWorld Marquee
Sports Hall
Room 11
Room 10
Room 1
Room 2
Room 4
Room 5
Room 9
Cooking School
Games Court
Yurt
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village



FRIDAY 5th August

LUNCH

14.30 - 16.00

Talk
Ecstatic Awakening Dance
African Drumming
Improv Comedy
Life Drawing
Creative Play
Creative Clay
Rotating Gurus
Human Design System Part 1
Feldenkrais
Japanese Sotai
Reconnective Healing
Qi Gong
Improv Comedy for teens
Creative Kitchens (Kids)
Wilderness Walks
Pixie Maz Drama Fun!
5 Aside Hockey
Sandpit, Paddling Pool, Bouncy Castle
Sound Mammonisation
Bushcraft
Swimming

16.30 - 18.00

Eat to Prevent Cancer
Talk
Afro/Brazilian Dance
ANGelfire kundalini yoga
Musical Improv Comedy
Hatha Yoga
EFT Group Healing
Welleda Wellness Spa
Shiatsu
ACIM - The Purpose of Life
Lifestream
How to Speak & understand "Man Language" (For Women)
Udu, Drums, Handpans etc.
Free Swimming
Basketball for all ages
Wool and Clay Crafts
Mystical Creatures
Sandpit, Paddling Pool, Bouncy Castle

DINNER

19.30 - 20.30 Empowerment Circle
19.30 - 20.30 Storytelling
19.30 - 20.30 Sound Journeys
19.30 - 20.30 Open Mic
19.30 - 20.30 Psycho-Shamanic Mindreading
19.30 - 21.30 Therapy Swap
20.30 - 22.30 Biodanza
20.30 - 22.00 Arhai
20.45 - 22.30 Candelight Cinema
22.00 - 23.00 Friction
23.00 - 24.00 Songs by the Campfire

Cygnus Speaker
Estelle Dooley
Craig Winterburn
Maureen Levy
Emily Croucher
Charlotte Mclaughlin
Ruth Hawe
Danny Shine
Gilly Czerwonka
Nadia Chavka
Moriko Kondo
Sally Phillips
Dario Gerchi
Ruth Swift
Kendra Tanner
Hazel Bird
Maslen George
Mal Edwards
Creche
Sonia Grover
Paul Rose
Lifeguard

Oliver Cowmeadow
Cygnus Speaker
Bridget Withycombe
Sat Kartar
Julia Collings
Eve Jones
Peter Donn
Christine Fireheart
Phillippe Kusnik
Douglas Crawford
Michael Tanner
Julie-Anne Shapiro
Barry Mason
Lifeguard
Jon Thorne
Emma Gleave
Héloïse Leclercq
Creche

Stephanie King
Hazel & Rob
Bear Love
Jonny Whiting
Andy Cannon
Participants
Ingrid Slack
Band
Aluna Wisdom of the Kogi
Band
Paul Cody

Cygnus Marquee
OneWorld Marquee
Sports Hall
Small Lounge
Meeting Room
Room 11
Kids Villiage
Room 2
Room 3
Room 4
Room 5
Room 8
Campfire (R9 Rain)
Kemp Common
Cooking School
Kids Village
Kids Village
Games Court
Kids Village
Yurt
Kids Village
Swimming Pool

Room 3
Cygnus Marquee
OneWorld Marquee
Sports Hall
Small Lounge
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Room 10
Room 1
Room 2
Room 4
Room 5
Yurt
Stretch Marquee
Swimming Pool
Games Court
Kids Village
Kids Village
Kids Village

Cygnus Marquee
Kids Village
Sports Hall
OneWorld Marquee
Small Lounge
Room 4
Sports Hall
OneWorld Marquee →
Dining Room 1
OneWorld Marquee
Campfire

PROGRAMME

The English Event, Brymore Academy, Somerset | 1st - 7th August 2016

OneWorld 

summer festival

SATURDAY 6th August

07.00 - 08.00

L'Art du Tai Chi
Morning Yoga
Aum (om) Chanting Meditation
Wim Hof Method

Russell King
Melanie Hubbard
Prem Kalia
Andy Cannon

OneWorld Marquee
Sports Hall
Room 2
Room 3

BREAKFAST

09.30 - 11.00

Macrobiotic Talk
Afro/Brazilian Dance
Pilates
Jangama Meditation
Your Inner Creative Genius
Hypnosis and Hypnotherapy (Weight Loss)
Emotional Freedom Technique
Sekhem (Egyptian Reiki)
Law of Attraction Simples.....Mindfulness
Angelic Harmony
Achieve your work-life balance
Swimming lessons for all ages
Football
Face Painting, Henna and Body Art
Natural Tie Dye
Dance
Sandpit, Paddling Pool, Bouncy Castle

Michael Rossoff
Bridget Withycombe
Nikki Middlemass
Michael Mepsted
Sarah Samuel
Brian Jacobs
Craig Trafford
Maya Ris
Benjamin Stubbs
Georgie Deyn
Harini Iyengar
Suzy Erskine
Mal Edwards
Cath McDermott
Erika Mcgrath
Ralph Holden
Creche

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Room 9
Swimming Pool
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village

11.30 - 13.00

The Emotional Causes of Physical Disease
Cygnus Cafe
Electric boogaloo
Singing for All
Attract the Love of Your Life
One World Choir of Joy
Create an Art Journal
Come Laugh with Me
Mindfulness Meditation
Sound Bath
Anatomy Workshop (teens)
Macrobiotic Cooking
Yin-Yang of Tennis
Learning the Didgeridoo
Bushcraft
Circus Play & Balloon Animals
Children & Parent Yoga
Outdoor Pursuits, Suitable for families
Drama - Devising a Performance
Sandpit, Paddling Pool, Bouncy Castle

Oliver Cowmeadow
Cygnus
Paul Mckee
Carol Donaldson
Julie-Anne Shapiro
Eugenie Arrowsmith
Christine Fireheart
Karen Roberts
Ken Collinson
Estelle Dooley
Anna Low
Yuka Noguchi
Cecilia Armelin
Andy Mapplebeck
Paul Rose
Jeffery the Clown
Hayley Holden
Dougal
Stephanie Manning
Creche

Room 3
Cygnus Marquee
OneWorld Marquee
Sports Hall
Small Lounge
Room 10
Room 1
Room 2
Room 4
Room 5
Room 9
Cooking School
Games Court
Yurt
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village
Kids Village



SATURDAY 6th August

LUNCH

14.30 - 16.00

Deep Awake: Celebrate Your Individuality
 Ecstatic Awakening Dance
 African Drumming
 Improv Comedy
 Life Drawing
 Inviting Intimacy, Sensuality and Creativity
 God
 Human Design System Part 2
 Feldenkrais
 Japanese Sotai
 Quantum Healing Journey
 Qi Gong
 Improv Comedy for teens
 Creative Kitchens (Kids)
 Wilderness Walks
 Pixie Maz Drama Fun!
 5 Aside Hockey
 Sandpit, Paddling Pool, Bouncy Castle
 Man
 Creative Clay
 Bushcraft
 Swimming

16.30 - 18.00

How to Balance your Weight Naturally
 Working With Your Angels
 ANGelfire kundalini yoga
 Musical Improv Comedy
 Hatha Yoga
 EFT Group Healing
 Shiatsu
 Rebirthing (Bring Matt/Blanket)
 Modern Wizardry
 Attract the Love of Your Life
 Udu, Drums, Handpans etc.
 Free Swimming
 Basketball for all ages
 Wool and Clay Crafts
 Mystical Creatures
 Sandpit, Paddling Pool, Bouncy Castle
 Macrobiotic Cooking

DINNER

19.30 - 22.30 Cabaret
 20.45 - 22.30 Candelight Cinema
 22.30 - 23.30 Duncan Disordely & the Scalywags
 23.30 - 24.00 Songs by the Campfire

Tim Freke
 Estelle Dooley
 Craig Winterburn
 Maureen Levy
 Emily Croucher
 Charlotte McGlaughlin
 Danny Shine
 Gilly Czerwonka
 Nadia Chavka
 Moriko Kondo
 Sally Phillips
 Dario Gerchi
 Ruth Swift
 Kendra Tanner
 Hazel Bird
 Maslen George
 Mal Edwards
 Creche
 Sonia Grover
 Ruth Hawe
 Paul Rose
 Lifeguard

Patricia Restrepo
 Stephaine King
 Sat Kartar
 Julia Collings
 Eve Jones
 Peter Donn
 Phillippe Kusnik
 Douglas Crawford
 Stanley Stewart
 Julie-Anne Shapiro
 Barry Mason
 Lifeguard
 Jon Thorne
 Emma Gleave
 Héloïse Leclercq
 Creche
 Flora Ouatarra

Maria Gillott
 Pure Sound - Monks of Tibet
 Band
 Paul Cody

Cygnus Marquee
 OneWorld Marquee
 Sports Hall
 Small Lounge
 Meeting Room
 Room 11
 Room 2
 Room 3
 Room 4
 Room 5
 Room 8
 Campfire (R9 Rain)
 Kemp Common
 Cooking School
 Kids Village
 Kids Village
 Games Court
 Kids Village
 Yurt
 Kids Villiage
 Kids Villiage
 Swimming Pool

Room 3
 Cygnus Marquee
 Sports Hall
 Small Lounge
 Room 8
 Room 10
 Room 2
 Room 4
 Room 5
 Room 8
 Stretch Marquee
 Swimming Pool
 Games Court
 Kids Village
 Kids Village
 Kids Village
 Cooking School

OneWorld Marque
 Dining Room 1
 OneWorld Marquee
 Campfire



SUNDAY 7th August

08.00 - 09.00	L'Art du Tai Chi	Russell King	OneWorld Marquee
08.00 - 09.00	Morning Yoga	Melanie Hubbard	Sports Hall
08.00 - 09.00	Aum (om) Chanting Meditation	Prem Kalia	Room 2
08.00 - 09.00	Dream Circle	Andy Cannon	Room 3
09.00-10.00	Growing The Cygnus Community	Geoff Napier	Cygnus Marquee

BRUNCH

11.00 - 11.30	Closing Ceremony	Everyone	Central Lawn
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Home time. Thanks for coming, We hope you had an amazing time!
See you next year!

